

# 3<sup>RD</sup> AVE. BISTRO



## STARTERS

### **CHICKEN LIVER PARFAIT**

apple gelé, pickled rutabaga, truffled strawberries, watercress, charred bread-\$11

### **CRISPY PORK TORCHON**

grilled carrots, quail egg, cayenne sabayon, parsnip purée-\$15

### **SMOKED TROUT**

apple caviar, pickled apple & fennel, grapefruit, preserved lemon, crème fraiche-\$12

### **SEAFOOD SAUSAGE**

scallop & shrimp sausage, parsnip soup, golden beet & rutabaga ceviche, chipotle foam-\$15

### **TOMATO TARTARE**

tomato fennel sorbet, bacon jus, tomato jerky, bacon cheddar cookie-\$12

### **POACHED SHRIMP**

green tomato cocktail sauce, freshly grated horseradish root, grapefruit rind-\$14

### **OYSTERS TWO WAYS**

potato encrusted oysters, Chef's selection of oysters on the half shell, green tomato mignonette, green tomato cocktail sauce, green tomato aioli-\$20

## SOUP & SALADS

### **SOUP DU JOUR**

Chef's selection of gourmet soup-\$7

### **ROCKET**

beets, apples, pecans, goat cheese, apple cider vinaigrette-\$10

### **LACINATO KALE**

citrus marinated kale, squash seeds, strawberries, Manchego cheese, chocolate vinaigrette-\$10

### **BABY SPINACH**

watercress, rutabagas, ginger chips, golden raisins, bleu cheese, sherry vinaigrette-\$10

add a small salad to an entrée \$6

Add Fried Oysters \$10, Fried Chicken Livers \$6, Potato Encrusted Trout \$12,  
Pan Seared Chicken \$10, Grilled Salmon \$14

## SANDWICHES

### **CHICKEN SALAD CROISSANT**

Flat Rock Bakery butter croissant, avocado, broccoli sprouts, tomato-\$12

### **TURKEY SANDWICH**

Flat Rock Bakery sourdough, apple & onion marmalade, arugula, Muenster cheese-\$12

### **SMOKED TROUT SANDWICH**

Underground Bakery organic 7 grain bread, broccoli sprouts, tomato, avocado, crème fraiche-\$12

### **CAROLINA BISON BURGER**

Wildflour Bakery sourdough bun, broccoli sprouts, tomato, extra virgin mayo, Swiss cheese-\$14

### **Po-BOY**

Flat Rock Bakery hoagie, potato encrusted trout, shrimp, or oysters, green tomato aioli, arugula, tomato-\$15

## LUNCH SPECIALTIES

### **OYSTER BASKET**

ten golden fried oysters, house fries, green tomato aioli, apple fennel slaw-\$18

### **HICKORY NUT GAP PORK MEATLOAF**

apple barbeque sauce, kohlrabi hash, Lacinato kale-\$16

### **SQUID INK FETTUCCHINI**

basil, dehydrated tomatoes, roasted garlic cream, pine nut crumble \$16

### **RAVIOLI**

rutabaga ravioli, sugar snap pea soup, English peas, Manchego-\$15

### **GRILLED SALMON**

parsnip purée, apple fennel slaw, cayenne sabayon, crème fraiche, apple caviar-\$16

### **CHICKEN PIE**

chicken confit, mushrooms, brown chicken jus, rutabaga purée, carrot, peas-\$16

*One cannot think well,  
love well,  
sleep well,  
if one has not dined well.*

~Virginia Woolf

No split plates, please.

On parties of 6 or more, a 20% gratuity will be added.