

MAIN OFFICE

Active Re-Entry
10 South Fairgrounds Road
Price, Utah 84501
435-637-4950 Voice/TTY
www.arecil.org



 "Like" us on Facebook @ www.facebook.com/ActiveReEntryPrice

THIS NEWSLETTER IS AVAILABLE IN ALTERNATE FORMATS UPON REQUEST.
THE COMMENTS OF THIS NEWSLETTER WERE DEVELOPED UNDER A GRANT TO THE U.S. DEPARTMENT OF EDUCATION; HOWEVER, THE CONTENTS DO NOT NECESSARILY REPRESENT THE POLICY OF THE DEPARTMENT OF EDUCATION, AND SHOULD NOT ASSUME ENDORSEMENT BY THE FEDERAL GOVERNMENT. FEDERAL FUNDING REPRESENTS 41% OF OUR TOTAL BUDGET.

ARECIL is a proud
United Way Partner Agency.



ACTIVE RE-ENTRY SATELLITE OFFICES

VERNAL OFFICE

P.O. Box 580
Vernal, Utah 84078
Francy - 435-789-4020 Voice/TTY
Joan - 435-789-4021 Voice/TTY

MOAB OFFICE

P.O. Box 122
182 North 500 West
Moab, Utah 84532
435-259-0245 Voice/TTY

- Nancy Bentley Executive Director - Price Office
- Lisa Martinez Program Coordinator/Fiscal Officer - Price Office
- Louie Santillanes AT/ADA Specialist - Price Office
- Richard Jewkes Senior Advocate/Nursing Home Transition Coordinator - Price Office
- Laurey Herzog IL/Older Blind Coordinator - Price Office
- Kellie Criswell Volunteer Advocate - Price Office
- Chris Haycock CIP/Youth/Transportation Coordinator - Price Office
- Kathryn Kilbourne Friendly Visitor and PAWS Coordinator - Price Office
- Pat Martinez Carbon County PERKIE Driver - Price Office
- Staci Moss Youth IL Staff and Driver - Price Office
- Beverly Elms Emery County PERKIE Driver - Price Office
- Joey Allred IL Coordinator - Moab Office
- Yordy Eastwood Older Blind Coordinator/IL Technician - Moab Office
- Francy Davis Older Blind/IL Technician - Uintah Basin Office
- Joan Janes IL Coordinator/LTC Ombudsman - Uintah Basin Office
- Brian Murray Uintah Basin Driver - Uintah Basin Office

INSIDE...

Legislative Update,
Vernal Activities
Page 2

Get to Know Your County,
The Charlie Steen Story
Page 3

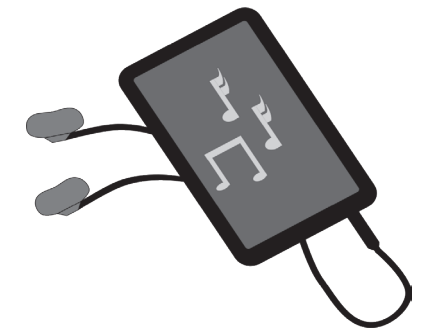
Active Access Support
Group
Page 4

Low Vision Clinic
Page 5

Activities and Events
Page 5- Page 7

Active Re-Entry's Annual Senior Conference

It is time for Active Re-Entry's Annual Seniors Conference. It will be held on April 24th at Active Re-Entry from 8:00 a.m. - noon. The conference will address issues involving Medicaid as well as issues relative to our aging population.



The conference will begin at 8:00 am with registration and a continental breakfast. At 8:15 an ARECIL staff member will demonstrate our newest program, Music and Memory. This is where iPods are being used to reawaken the memory in people with Alzheimers, dementia, and other cognitive disabilities.

Then, Bobby Etzel from Mitchell's Funeral Home will discuss funeral planning and the emotional stress involved with final arrangements. He will discuss options and information surrounding funerals and final arrangements which can ease burden for families.

This is followed by Kym Ney, a Medicaid Eligibility specialist, who will discuss common myths and questions surrounding Medicaid Eligibility for Long Term Care.

The conference will conclude with Darren Hotten discussing Medicare, the Affordable Care Act, Part D Prescription Plans, and supplemental Insurance Plans.

There is no charge to for this conference, but space is limited. Deadline for registration is April 23rd. For more information call 435-637-4950.

"There are always flowers for those who want to see them."

- Henri Matisse

Legislative Update

Active Re-Entry would like to express our appreciation and thanks to all those who supported the Legislative efforts this past session. We especially would like to thank Rob Davis and his parents (for transporting and supporting Rob) for his presentation to the Social Services Appropriation Committee. Rob's presentation regarding the services he has received and the difference Independent Living Programs have made in his life was moving as well as motivating. Rob is an example of setting goals to become more active in the independent living movement and working to meet those goals.



Vernal Activities

Francy Davis

We just got done with a fun unit on staying safe online. Mountain America taught us the do's and don'ts about online banking and we learned all about spy ware and scams that target senior citizens. This week we are moving on to the ever dreaded Windows 8.

Also, this week we have our Support group for people with disabilities. We will start learning about Living Healthy. Jana Packard grew up in Brazil and taught us how to make

her famous Brazilian beans and rice. Deanna Dunker spoke about removing toxins from our lives. She taught us how to make healthy non toxic choices to replace chemicals that we use in our everyday lives including cleaners, laundry soap, and softeners.

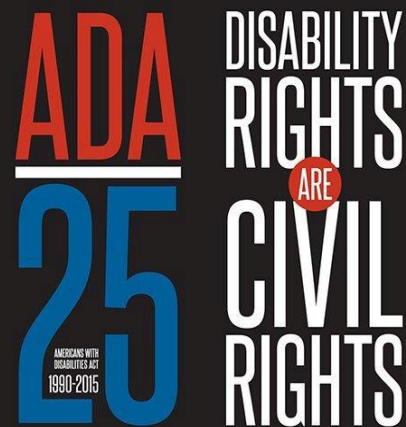
In December we participated in our local Holly Days Celebration. We visited the trees for charity, local arts and crafts, and of course tried to win a frozen turkey or two and other fun prizes. In January we had someone talk to us about exercises and show us chair exercises that everyone can easily do.

This week marks the third week in our Wii bowling tournament with The Vernal Care Center. Active Re-Entry is currently in the lead but the girls at the Care Center are pumping each other up and looking for new recruits. They are threatening a killer comeback soon!

We are hoping to have our first quilt class for those with low vision soon. If your are interested please give me a call. That's about all the excitement for now.

What does the ADA mean to you?

July 26, 2015 marks the 25th anniversary of the signing of the Americans with Disabilities act (ADA). In celebration for the anniversary Active Re-Entry is asking consumers, What does the ADA mean to you? The consumers are encouraged to write a statement for that question. Their photos and the statements will be displayed around Active Re-Entry for everyone to see. Then **on July 31, 2015 Active Re-Entry will host an ADA BBQ.**



Activities & Events - Grand County

Caregiver Support Group in Conference Room , please call Yordy at 259-0245 for details.	May 7	4:00 pm
Blood pressure check in the Game Room.	May 13	9:00 am-11:00 am
Exploring your county Road Trip and Pot Luck , weather permitting a trip to the new dinosaur museum.	May 14	All day
Caregiver Support Group in Conference Room , please call Yordy at 259-0245 for details.	June 4	4:00 pm
Blood pressure check in the Game Room.	June 10	9:00 am-11:00 am
Exploring your county Road Trip and Pot Luck	June 18	All day
Caregiver Support Group in Conference Room , Please call Yordy at 259-0245 for details.	July 2	4:00 pm
Blood pressure check in the Game Room.	July 8	9:00 am-11:00 am
Getting to Know your County: Road Trip and Pot Luck Picnic. Weather permitting.	July 9	All day
Support Groups		
Bereavement Support Group at the Grand County Library	1st and 3rd Wednesdays of the month	6:00 pm-8:00 pm
Excercise Classes		
Walking Aerobics	Monday, Wednesday, & Friday	8:20 am
Strong Women Stay Young	Monday, Wednesday, & Friday	9:00 am
Tai Chi	Tuesday, Wednesday, & Friday	10:00 am
Group Activities		
Mah Jong	Tuesdays	After lunch
Card Day, Canasta, Panguingue and other games	Wednesdays	After Lunch

Activities & Events - Vernal/Roosevelt

Support Group Schedule

Mark Thompson, MS, CRV, LVRC with the Division of Rehabilitation Services will talk with us about how to deal with Stress in our lives.	April 22
Picnic at Josie's Cabin and Emergency Preparedness. We will be making seasoning packets out of straws for our Emergency Kits.	May 20
Red Fleet Picnic and The Healing Power of Music / hand massages	June 17
Starvation State Park Picnic with UILC and Price consumers	July 15
Flaming Gorge Dam tour	August 19

Tech Tuesday Schedule

Open Office: Text Document/One Hour Life History	March 3
	March 10
Snipping Tool / uploading pictures to document	March 17
Open Office: Text Document/One Hour Life History	March 24
Search Engines, Pinterest, and YouTube	March 31
Open Office Spreadsheets	April 7
	April 14
	April 21
Internet Slang (LOL, IDK)	April 28
Open office Presentations	May 5
	May 12
	May 19
What to do with Pop Ups	May 26
Basic computer skills (tabs, address bar, start menu)	June 2

Get to Know Your County

Active Re-Entry's Moab Satellite Office is hosting a series of "Get to Know Your County" outings. On March 19th a group of 33 consumers went to lunch at the Sunset Grill who provided a wonderful lunch of salad, spaghetti and ice cream sundays. The owner provided us with a tour as well as a presentation on the history surrounding the Sunset Grill which started life as the former home of the "Uranium King," Charlie Steen. One of our consumers, Joe Twitchell, who is pictured to the right with the current owner, John Clayton, worked for Charlie and shared stories of his time with Charlie and the Steen family. We would like to extend our heart felt thanks to John Clayton and the staff at the Sunset Grill. Our next trip is on April 9th and we will be going to Cisco. **Call Joey or Yordy at 259-0245** if you would like to join us.



The Charlie Steen Story as told by John Clayton

The Sunset Grill is in the former home of Uranium King Charlie Steen. In the early 1950s, Moab was a small farming community. Arches and Canyonlands were places only a lucky few experienced.

In 1952 Charles A. Steen, a geologist and prospector, put Moab on the world map. The Atomic Energy Commission was offering a \$10,000 reward for finding domestic uranium. Charlie had the knowledge and skills it would take to locate the uranium. While other miners were content gathering small amounts of surface deposits around Moab, Charlie wanted more.

After three long years of searching, with his family nearly destitute and his resources expended, he made his final attempt to extract ore samples 240 feet beneath the earth's surface.

Having broken his drill bit at 180 feet, he went in to town.

He stopped for gas, not realizing what lay in the back of his jeep, were ore samples he found at 70 feet. The attendant approached the jeep with a Geiger counter. They were both surprised by the activity it created. It was July 3rd, 1952 and Charlie had finally hit his "paydirt."

Life of course changed dramatically for the Steens. They went from using a washboard in the river to having their laundry flown by Charlie's private pilot to Grand Junction, Colorado. Every year there was a new red Lincoln Continental, and because of poor television reception in Moab, Charlie put a television in his plane, and would fly his family over Moab to watch their favorite shows.

Charlie was a generous person. He donated property to local schools and churches. He built "Steenville," a housing development for his employees,

and offered low interest mortgage loans. Charlie also bought a mountain and built his dream home. Complete with greenhouse, servants quarters, and the largest swimming pool in the state. Roses lined the street below and flowers grew everywhere. Longtime locals can tell of his \$50,000 poker game, rubbing noses with celebrities like Henry Fonda, or even an "I Love Lucy" episode, where Lucy tries to get Ricky to join her in the hunt for uranium.

After 9 successful years, Charlie moved his family from Moab to a 22,000-sq. ft. house in Reno, Nevada. After years of living in a true millionaires fashion, Charlie and his wife M.L., moved from Reno to Colorado. They have passed on now, but will always be remembered as Moab's most famous millionaire.

Charlie's former home is now the Sunset Grill with wonderful food and a "Million Dollar View."

A special thanks to

NEWFIELD



Newfield Exploration for their grant which helped fund two projects for consumers with disabilities.



Joan Janes accepts a check from the Newfield Representative Cheyenne Bateman

Canyonlands Special Services District

Susan G. Komen Foundation - Utah

United Way of Eastern Utah

Nancy Boyle Silpada Designs

The Masonic Foundation of Utah

The Loveland Living Planet Aquarium

SNPJ Lodge #757

Price German Club

Active Access Support Group

Active Access Support Group is a peer support group set up to work with people with all disabilities to be more Independent using their Assistive Technology. The group will focus on utilizing their acquired A.T in their home's communities and everyday lives. Participants will meet monthly to focus on advocacy and system change concerning the use of Assistive Technology.

April 30- 1:30-3:00 pm, Price Active Re-Entry

Topic: how to access devices for your home.
Please call ahead if a ride is needed.

May 21- 1:30-3:00 pm, Price Active Re-Entry

Topic: understanding people with disabilities of various cultures.
Please call ahead if a ride is needed.

Low Vision Clinic

Carbon County

April 15, at Active Re-Entry
10 S. Fairgrounds Rd. Price, UT

Emery County

April 16, at the Senior Citizens Center
in Castle Dale: 85 N. 200 E.

If you would like to be seen by a Low Vision Specialist and have a chance to try some of the Low Vision aids. Contact Laurey - (435)-637-4950. It is free with an appointment. **Please plan on having your eye exam report released by your eye care provider, call Laurey for more information on this.*

Activities & Events - Carbon/Emery

Recreation Planning Meeting , bring your ideas for activities we can do over the summer.	April 7	1:30 pm- 3:00 pm
Craft, Plastic bottle planters , cost \$2.00 per person, you need to bring two large pop bottles.	April 16	1:30pm- 3:00 pm
Disability History Class	April 21	1:30 pm- 3:00 pm
Dinner and a Movie night	April 29	5:30 pm
The Living Planet Aquarium , admission is free but space is limited . Lunch at Chuck-A-Rama. Adults \$10.00 plus tax and tip, Senior \$8.49 plus tax and tip.	May 12	Leaving Price by 8:30 am- all day

Youth Activities

Plastic Bottle Planter at Active Re-Entry. Bring two large pop bottles.	April 17	5:00 pm
--	----------	---------

Support Groups

Grief Support Group	April 8, May 13, June 10	1:30 pm
Caregivers Support Group	April 24 - conference	
	May 27	1:30 pm
	June 24	1:30 pm
Emery County Low Vision Support Group , Castle Dale Senior Citizen Center, 85 N. 200 E.	3rd Thursday of each month	2:00 pm- 3:30 pm
Carbon County Low Vision Support Group , call Laurey for location - (435)-637-4950	4th Thursday of each month	2:00 pm- 3:30 pm